

International Student's Guidebook 2017



1st Hiroshima Study Tour 2015

1 About Prefectural University of Hiroshima

■What's special about PUH?

PUH is Hiroshima prefectural university which consists of eleven undergraduate programs, one graduate program and non-degree courses for graduates on three campuses each with distinctive features. Our university has a total enrollment of about 2,600 students. PUH is one of the top universities with excellent professors and a good environment for research in Chugoku, Shikoku and Kyushu districts. Additionally, Hiroshima has two world heritage sites: Atomic bomb Dome and Itsukushima Shrine. Students are exposed to Japanese culture and history. Currently, PUH has 70 foreign students. We accept exchange students every semester. We support all our students on the road to academic success and have produced great international students for the world so far. We're looking forward to promoting international exchanges with you.

	undergraduate programs		graduate programs	
Hiroshima Campus	Faculty of Human Culture and Science	Intercultural Studies	Graduate school Of	Human Culture and Science
		Health Sciences		
	Faculty of Management and Information Systems	Management		Information and Management Systems
		Management Information Systems		
Shobara Campus	Faculty of Life and Environmental Sciences	Life Sciences	Comprehensive Scientific Research	Biological System Sciences
		Environmental Sciences		
Mihara Campus	Faculty of Health and Welfare	Nursing		Health and Welfare
		Physical Therapy		
		Occupational Therapy		
		Communication Sciences and Disorders		
		Human Welfare		

■Courses

Each department has unique classes. For example, the Department of Intercultural Studies has "Miyajima-Gaku" which studies history, literature and traditional arts of Itsukushima shrine in Miyajima from many different perspectives.

Why don't you have special experiences with us at PUH?

For more information, you can check course outlines at PUH's website.

【Course outlines】 <http://www.syllabus-web.pu-hiroshima.ac.jp/php/index.php>

【reference: courses which past international students had taken】

Subject	Courses
Shared Special subject	Community Understanding
Foreign Language	Japanese I、II、III、IV
cultural Comparison	Linguistics
	Comparative Culture
	Local Culture(Miyajima)
Communication	Japanese Communication
Special Subjects	The East Asia History
	The East Asia socioculture
	The East Asia Cultural History
	The East Asia Culture
	Chirography

■Affiliated Facilities

- Library:
Books, Audiovisual materials and many kinds of resources are available
- Academic Information Center
You are free to use computers. Also, we provide all students with computing ID and school e-mail address.



2 How to be an exchange student

■ Admission Requirements

1. You must satisfy the language requirement.
2. You must be enrolled in a partner university.
3. You must have the ability to pay for living costs during your study at PUH.
4. You must be physically and mentally healthy.



■ How to apply

You can't apply directly. You must submit your application forms through your university. In the case where you want to apply to the department of Health Science, Faculty of Health and Welfare, and graduate programs, please contact us before your submission.

	Documents	Note
Required Documents(1)	1. Admission application (※)	Student must fill in Japanese or English.
	2. Study plan (1200 words/free format)	Student must write in Japanese or English.
	3. Letter of Recommendation	Your professor must write in Japanese or English.
	4. Official academic transcript	Must issued by your university within 3months
	5. Certificate of enrollment	Must issued by your university within 3months
	6. Any Certificate of Japanese language proficiency	Must submit the certificate to show your Japanese ability is satisfy a requirement. (See "Exchange Partner Information 2016 <Language Requirement>")
	7. Health certificate (※)	Medical institution must fill in Japanese or English/
	8. Passport copy	If you haven't got your passport, please write approximate date of issuance.
	9. 4 pieces of ID photos(4cm H x 3cm W)	Do not attach to documents.
Required Documents(2)	1. Hiroshima City International House application form (If you want to live in Hiroshima city International house)	After we receive required documents (1), we will send required documents (2) forms.
	2. Application for Certificate of Eligibility	

■ Schedules

		2017 Spring Semester	2017 Fall Semester
Before enter to	Deadline for documents(1)	2016 November 30th	2017 May 31st
	Deadline for documents(2)	2017 January 13th	2017 June 30th
	Notices of Results	2017 late January	2017 年 Late June
	Application form certificate of eligibility	2017 late February	2017 late July
	Apply for certificate of eligibility	Upon issuance of certificate of eligibility	Upon issuance of certificate of eligibility
After enter to Japan	Enter to Japan	2017 March 30 st (TBD)	2017 middle of September
	Orientation	2017 early April	2017 middle of September
	Classes starts	2017 early April	2017 middle of September
	Registration	First week of new semester	First week of new semester
	Exams	2017 late July to early August	2018 early February
	Break	【Summer Vacation】 2017 early August to middle of September	【Winter Vacation】 2017 late December to 2018 early January 【Spring Vacation】 2018 年 late February to 2018 March 31st
	Return Home	Depends on your periods of study 【Half Year】 2017 late September 【A Year】 2018 late March	Depends on your periods of study 【Half Year】 2018 late March 【A Year】 2018 late September

3 Supports for international students

We provide international students with a variety of support for your success at PUH.

■Scholarship Programs

We have "PUH exchange student scholarship" which provides you with 30,000JPY monthly. Repayment is not necessary.

■Housing

○ Hiroshima Campus

Hiroshima City International House (26,000JPY monthly) is suggested. If you fail to enter HCIH, you can stay at an apartment with a rental fee 26,000JPY monthly. Remainder of rent fee is paid by PUH.

○ Shobara Campus • Mihara Campus

You can stay apartment with a rental fee of 26,000JPY monthly. Remainder of rent fee is paid by PUH.

- Shobara Campus (26,000JPY monthly)
- Mihara Campus (26,000JPY monthly)

■Pick-up Service

We provide students who arrive Hiroshima airport only with pick-up service.

■Support Activities

You have great opportunities to consult problems about studies and daily life.

○ Tutoring system

Each student has their own tutor who coaches individually.

○ Buddy Activities

Buddies help international students settle into PUH. Their activities might include showing international students around campus, helping with various registration procedures, and/or offering support in learning Japanese.

■Hiroshima courtesy card

You are able to enter 74 cultural institutions in Hiroshima with a Hiroshima courtesy card, free of charge, or at discount admission rates.

■Hiroshima Study Tour

Hiroshima Study tour is designed to help international students learn about the communities they live in and deepen mutual exchange with other participants - Japanese students and teachers - by touring museums and other local sights in Hiroshima.

◆◆ 2015 destinations ◆◆

1st June 4th	Industry	National Bihoku Kyuryo Park
	Nature	
2nd October 1st	Culture	Takehara Preservation District
	Industry	AOHATA Jam Deck
3rd December 3rd	Industry	Fudenosato Kobo (Kumano brush)
	Culture	Yamato Museum



■Insurance

We recommend students to take out insurance against any accidents and disasters.

○ Personal Accident Insurance for Students Pursuing Education and Research.

This insurance is provided to all students in the event of unexpected accidents during research activities.

○ Liability Insurance

Students will be covered up to the limit of payment against damages for the period of this insurance.

○ National Health Insurance

Persons who have address in Japan must enroll in the national health insurance and pay the insurance expenses. Persons covered by this insurance will be responsible for 30% of medical expenses.

■Pictures of International Events of PUH

Hiroshima Study Tour #1 (2016)



Japanese Summer Event
produced by Buddy students



Welcome Party for Spring
Semester (2016)



Farewell Party for Spring Semester
(2016)



4 About Hiroshima Prefecture

Hiroshima Prefecture is one of most popular tourist cities like Tokyo and Kyoto in Japan. Here, we will introduce attractive features of Hiroshima and tips and useful information in order to live well here!!

■ Seasonal changes of weather

You can enjoy great nature scenery because Hiroshima is surrounded by mountains and oceans.

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Max Temp(°C)	9.7	10.6	14	19.7	24.1	27.2	30.8	32.5	29	23.4	17.4	12.3
Min Temp(°C)	1.7	2.1	4.8	9.9	14.7	19.4	23.8	24.8	20.8	14.2	8.5	3.7
Precipitation(mm)	44.6	66.6	123.9	141.7	177.6	247	258.6	110.8	169.5	87.9	68.2	41.2

Spring

We enjoy cherry blossom viewing in Spring. Hiroshima Peace Memorial Park is the best place to do it in Hiroshima. Also, we have a big festival called Flower Festival during long Vacation.

Summer

After rainy season closes, fireworks festivals will be held in many places. Additionally, you can enjoy beaches and campings.

Fall

Fall is the best season to enjoy an excursion, and the changing colors of autumn leaves.

Winter

From the late December, we have snow and skiing and snowboarding are enjoyable in North of Hiroshima.

■ Traffic

We have the longest tram in Japan, which is called "Hiroden". Also, JR and buses provide convenient methods of transport.

■ Sightseeing spots

[World Heritages] Itsukushima Shrine, Atomic Bomb Dome, Peace Memorial Park, Senkohji Park, Taijyaku Valley, and , Shimanami Kaido

■ Special goods

Oysters, Okonomiyaki, Momiji manju (steamed braed -jam buns in the shape of maple leaves), Kumano Brashes

Reports from exchange students

● Impression of PUH

- Beautiful library and great collections
- I made many Japanese friends because I had the great opportunities to communicate with them
- I had so many presentations in my lectures. I recommend practicing for presentations before starting exchange program.

● Impression of Hiroshima (Japan)

- Convenient transportation systems, so many traffic lights, clean washrooms, quiet and relaxing city

● Average living costs (Monthly)

80,000JPY (Breakdown) Housing : 26,000JPY
Utilities : 4,000JPY
Food : 30,000JPY
etc : 20,000JPY

● Holidays

- I watched many Japanese movies at the library free of charge
- I had the part-time jobs in order to travel in Japan
- I went to Tokyo and Kyoto during vacation and was exposed to unique Japanese cultures and moods

● The best memory during stay in Japan

- I was very satisfied when people totally understood my Japanese
- I participated Hiroshima Study Tour with Japanese students and International students
- Meeting new people. I made lots of memories with Japanese friends and other international students.

● Problems during stay in Japan

- I was lost so I asked how to get the destination to police officer and local people.
- I've never cooked before so it was difficult to prepare for meals by myself.
- Sometimes I was very hard to catch Japanese, especially during part-time jobs

■ Location of Each Campus



- Hiroshima Campus...30mins from Hiroshima Station by city train
- Shobara Campus...2 hours from Hiroshima Station by express bus
- Mihara campus...15mins from Mihara Station by bus

■ the Office of International Students

Prefectural University of Hiroshima

International Exchange Center (Ikumi Inaba)

● Address: 1-1-71 Ujina-higashi Minami-ku, Hiroshima
734-8558 Japan

● Tel : +81-82-251-9607

● E-mail : puh-ie-s@pu-hiroshima.ac.jp



Welcome
to PUH !